



Pastoral Programme



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1. Philosophy and Values

The school's pastoral programme is an integral part of its educational mission, serving holistic student development — academic, personal, social, and civic. It is based on international practice, including COBIS recommendations, and addresses key challenges: student wellbeing, safety, emotional resilience, and responsible citizenship.

Core values:

- **Freedom – Strong Mind:** critical thinking, self-reflection, independent decision-making.
- **Nobility – Strong Heart:** empathy, compassion, respect, humane values.
- **Loyalty – Strong Will:** responsibility, self-discipline, purposefulness.

Pastoral sessions provide structured time for applying these values, linking theory to real life, and developing emotional intelligence.

2. Goals and Objectives



Overall goal: nurture responsible, emotionally resilient, socially active, value-driven individuals.

Objectives:

- Support personal and moral development.
- Promote healthy and safe lifestyles.
- Develop civic awareness and responsibility.
- Expand intellectual curiosity and critical thinking.
- Ensure a unified educational approach between school, family, and society.

3. Key Directions

The programme integrates four interconnected areas:

- **Personal & Moral Development** – emotional intelligence, self-regulation, ethics, healthy relationships.
- **Environmental Culture & Healthy Living** – health, ecological awareness, sustainable behaviour.
- **Safety & Civic Awareness** – physical, digital, social safety, civic responsibility.
- **Broadening Horizons** – research, creativity, cognitive skills.

4. Methodology

Student-centred, interactive, experiential approaches:

- Discussions and case studies
- Role play and simulations
- School and external events



- Project-based learning
- Collaboration with parents and community

5. Structure and Stages

- **Stage I – Grades I–IV (Primary Years)** Focus: emotional awareness, social behaviour basics, safety and healthy habits, curiosity and learning interest.
- **Stage II – Grades V–VI (Upper Primary / Transition)** Focus: identity and self-regulation, stress management, environmental and civic responsibility, critical thinking and independent stance.

6. Planning and Assessment

- Organised by thematic blocks, integrated into the school calendar.
- Each class works on all four directions, age-appropriate.
- Assessment: observation, self-reflection, participation, project work.
- No grading with marks.

7. Alignment with COBIS Standards

The programme fully meets COBIS principles:

- Prioritising student wellbeing and safety
- Age-differentiated, stage-appropriate approaches
- Partnership between school and family
- Value-based education and civic responsibility

It ensures a safe, inclusive, supportive environment where each student can grow into an independent, responsible, humane individual.



Annex – Example Direction (Personal & Moral Development)

For Grades I–IV: focus on recognising emotions, friendship, politeness, conflict resolution, digital etiquette. For Grades V–VI: focus on self-regulation, resilience, conflict management, digital citizenship, self-assessment, social identity.

Expected outcomes: students recognise and manage emotions, show empathy and respect, resolve conflicts peacefully, act responsibly in real and digital contexts, and develop value-based behaviour.

Direction 1 – Personal and Moral Development (Grades I–VI)

Goal: Develop social-emotional skills (SEL), self-awareness, self-regulation, and value-based behaviour.

Grades I–IV (Primary Years)

Thematic Block	Topics
Recognising Emotions & Self-Awareness	Basic emotions and their expression; identifying and naming feelings
Friendship, Empathy & Relationships	Importance of friendship; empathy and mutual support
Behaviour Norms & Politeness	Courtesy in school and society; rules as the foundation of coexistence
Peaceful Conflict Resolution	Solving problems through dialogue; asking for and receiving help
Digital Courtesy Basics	Rules for screen use; safe and polite online communication

Grades V–VI (Upper Primary / Transition)



Thematic Block

Topics

Self-Regulation & Emotional Resilience

Recognising stress; simple strategies for managing it; emotional responsibility

Values, Choices & Responsibility

Understanding consequences of decisions; responsibility for one's behaviour

Conflict Management & Nonviolent Communication

Analysing causes of conflict; peaceful resolution strategies

Digital Citizenship & Ethics

Privacy and confidentiality online; ethics of digital communication

Self-Evaluation & Social Identity

Self-assessment; understanding one's role in a group; peer influence

Expected Outcomes: Students can recognise/manage emotions, show empathy, resolve conflicts peacefully, act responsibly in real and digital contexts, and form value-based behaviour.

Direction 2 – Environmental Culture & Healthy Lifestyle (Grades I–VI)

Goal: Build health, wellbeing, and environmental responsibility.

Grades I–IV (Primary Years)

Thematic Block

Topics

Healthy Daily Habits

Personal hygiene and body care; daily routine, sleep, rest; physical activity

Healthy Nutrition & Water

Food groups and balanced diet; importance of water and proper use

Basics of Caring for the Environment

Waste sorting (Reduce–Reuse–Recycle); caring for plants and nature



Thematic Block

Topics

Movement & Active Living Joy of movement; sports activities and games

Grades V–VI (Upper Primary / Transition)

Thematic Block

Topics

Understanding Environmental Processes Types of pollution (air, water, soil); human impact on ecosystems

Climate & Sustainability Basic causes of climate change; three pillars of sustainable development (environment, economy, society)

Health & Prevention Health risks and prevention; stress management and emotional hygiene

Personal Responsibility & Behaviour Developing eco-habits; impact of individual behaviour on environment and society

Expected Outcomes: Students adopt healthy lifestyle habits, understand environmental impact, make responsible health/environment decisions, and develop sustainability-oriented thinking.

Direction 3 – Safety & Civic Awareness (Grades I–VI)

Goal: Develop safe behaviour, responsible citizenship, and social participation.

Grades I–IV (Primary Years)

Thematic Block

Topics

Personal & School Safety

Safe behaviour at school/home; basic road and public safety rules



Thematic Block

Topics

Rules, Responsibility & Coexistence

Why rules matter; jointly agreeing on class/school rules

Digital Safety & Media Awareness

Protecting personal information; safe online behaviour

Civic Identity & Patriotism

National symbols and cultural heritage; respect and tolerance

Environmental Care as Civic Responsibility

Small eco-actions; caring for public spaces

Grades V–VI (Upper Primary / Transition)

Thematic Block

Topics

Active Citizenship & Participation

Understanding one's role in school and community life

Responsible Decision-Making

Evaluating consequences of civic actions

Conflict Management in Society

Peaceful resolution in community contexts

Law & Democratic Values

Respect for rules and laws; basics of democratic culture

Community Engagement

Volunteering, school projects, and civic initiatives

Expected Outcomes: Students practice safe behaviour, respect rules, act responsibly online, understand civic identity, and engage in community life.

